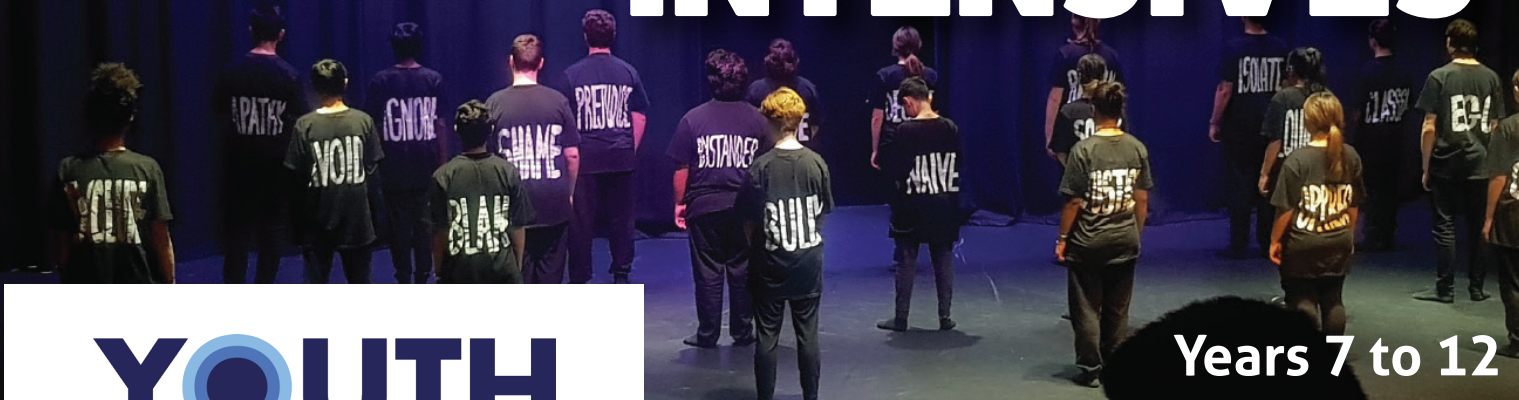


METRO SECONDARY INTENSIVES



Years 7 to 12

YOUTH CHOICES
EMPOWERED BY CONSTABLE CARE



Ten week/term long theatre making Artist in Residence program



One class of 15-25 students, years 7-12 (or young people aged 13-25)



Community Showcase performance on final day of program

About Forum Theatre

This action-oriented education program uses interactive forum techniques to transform students from passive spectators into active participants, or 'spect-actors'. Students are encouraged to role play as they explore real-world scenarios and develop strategies for dealing with social issues and health pressures that affect their day to day lives.

The program fosters resilience and encourages youth to speak up and confidently enter into conversation about issues that concern them.

What are Intensives?

Some adolescent challenges require a deeper focus. This is where our Secondary School Intensives program can help shape positive social change, through a professional, intensive theatre-making process exploring topical youth issues with WA secondary school students.

Using internationally recognised Forum Theatre as a best-practice approach, the Youth Choices team work with young people within schools or youth centres to explore relevant youth concerns and identify help-seeking strategies within their wider community. Focus issues are chosen as a collaborative process between teachers, young people and/or youth workers to ensure they are relevant and meaningful to the participants. Topics such as alcohol and drug abuse, bullying, relationship violence, gender and sexuality, empathy and mental health have all been areas of focus in Intensive programs over the years.

Youth Choices intensive programs assist in creating a 'ripple effect' that triggers meaningful discussion about an issue, chosen by the participants, across the schools' wider community.

METRO SECONDARY INTENSIVES



Program Structure

Youth Choices facilitators work with students twice weekly over a ten-week term to navigate concerns and develop coping strategies and solutions for a relevant issue.

Together with a Youth Choices facilitator, students research and discuss a chosen issue before exploring how their own experiences can be represented in performance scenarios. They work together to construct scenarios that illustrate the issue in a Forum Theatre performance for the students' wider cohort of peers, parents and siblings. In Forum Theatre, the audience interacts with the main characters to explore the issue.

Program facilitators work closely with teachers and school counsellors to ensure they understand the methodology, ensuring an informed support network exists to address any individual concerns or disclosures that may arise.

Programs culminate in a hard-hitting performance triggering meaningful discussion about the chosen issue amongst the school or youth group's wider community.

**YOUTH
CHOICES**
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Backed by Research

Studies undertaken by Edith Cowan University Child Health Promotion Research Centre in 2014, and further external evaluations since, have consistently found that the benefits for students, teachers and schools who take part are many, including changes in knowledge, attitude and behaviour among students, and improvements in peer and teacher-relationships.

Book a Youth Choices Secondary School Intensive Program today!

Arts & Education Coordinator

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